



## Price Updates

September 23, 2019

### Country Life Natural Foods

641 52nd St.

Pullman, MI 49450

[www.clnf.org](http://www.clnf.org)

1-800-456-7694

Item No:	Item Description	Old Price	New Price
	<b>GRANOLAS &amp; DRY</b>		
011065	SPROUTED CACAO O'S OG 12 oz	New Item!	\$4.10
011235	SPROUTED CORN FLAKES, OG 12 oz	New Item!	\$4.10
	<b>NUTS</b>		
030232	PINENUTS, LARGE, CHINESE 2#	\$35.00	\$40.00
030832	PINENUTS, LARGE, CHINESE 8oz	\$9.50	\$11.00
	<b>SEEDS</b>		
050170	HEMP SEEDS, HULLED 1#	\$8.50	\$7.50
050370	HEMP SEEDS, HULLED 3#	\$23.25	\$21.00
050180	HEMP SEEDS, HULLED, OG 1#	\$14.95	\$13.00
050380	HEMP SEEDS, HULLED, OG 3#	\$42.00	\$36.00
	<b>BEANS</b>		
060514	BLACK TURTLE BEANS 5#	New Item!	\$5.50
065021	BLACK TURTLE BEANS 50#	New Item!	\$37.50
065032	CRANBERRY BEANS 50#	New Item!	\$55.00
060567	CRANBERRY BEANS 5#	New Item!	\$7.50
060545	KIDNEY BEANS, DARK RED 5#	New Item!	\$6.50
065063	KIDNEY BEANS, DARK RED 50#	New Item!	\$45.00
060551	MAYOCOBA BEANS 5#	New Item!	\$7.75
065050	MAYOCOBA BEANS 50#	New Item!	\$57.50
060563	NAVY BEANS 5#	New Item!	\$5.50
065018	NAVY BEANS 50#	New Item!	\$37.50
060587	PINTO BEANS 5#	New Item!	\$5.50
065042	PINTO BEANS 50#	New Item!	\$37.50
	<b>MEAT SUBSTITUTES</b>		
180040	CEDAR LAKE CHOPS 19oz	\$5.20	\$5.40
181200	CHILI, CHILI-MAN VEG 12/15 oz.	\$17.40	\$19.80
181970	HERITAGE BKFST MINI LINKS 19OZ	\$5.20	\$5.40
181950	HERITAGE DINNER CUTLETS 19oz	\$5.20	\$5.40

181940	HERITAGE VEGE-BURGER 19oz	\$5.20	\$5.40
	<b>DAIRY SUBSTITUTES</b>		
231470	COCONUT MILK, OG 13.66oz	\$2.65	\$2.95
230642	SILK, ALMOND DK CHOC 6/32oz	New Item!	\$15.00
	<b>CAROB &amp; CANDY</b>		
271714	UPLIFT BAR ALMOND CAROB 12/1.7oz	Replaces Item 271712	\$13.50
	<b>SUPPLEMENTS</b>		
480806	HEMP CBD 25 CLASSIC TINCTURE 1oz	New Item!	\$56.00
480808	HEMP CBD 25 PEPPERMINT TINCTURE 1oz	New Item!	\$56.00
480836	HEMP CBD 50 CLASSIC TINCTURE 1oz	New Item!	\$98.00
	<b>DISCONTINUED</b>		
271712	OMEGA 3 ALM CHIP SUB 271714	Replaced by item 271712	