CELTIC SEA SALT®

Comparison Chart



FLOWER OF THE

RIVER SALT

RIVER SALT

Source:

SPAIN

Add to any

dish to give it

a Mediterranean

touch and flavor.

Source: FRANCE Analysis: Na: 32.8% CI: 56.73% Mg: .4% pH: 8.53 Appication:

All Purpose,

best with

grinder

Source: **FRANCE** Analysis: Na: 31.08% CI: 57.6% Mg: .5% pH: 9.94 Appication: All Purpose, great for baking

Source: **PORTUGAL** Analysis: Na: 33.1% CI: 54.4%

Mg: .5% pH: 8.42 Application: Finishing salt, great for pinching Source:

HAWAII Analysis: Na: 25.31% CI: 57.7% Mg: .7% pH: 10 Application: All Purpose, best with

Source:

GUATEMALA Analysis: Na: 28.9% CI: 58.5% Mg: 1.3% pH: 9.28 Application: All Purpose, great for shaking

Source: **SPAIN**

Analysis: Na: 26.9% CI: 55.6%

Mg: 15.9% pH: 7.42

Application: Great for

added potassium

Source: SPAIN

Analysis: Na: 38.3%

CI: 59.08%

Application:

Add to any

dish to give it

a Mediterranean touch and flavor.

Analysis: Na: 38.3% CI: 58% Mg: 0.02% Mg: 0.04% Application:

Source: **SPAIN**

Analysis:

Na: 38.3% CI: 59.08%

Mg: 0.02%

Application:

Add to any

dish to give it

a smoked

touch.









grinder











Please note: All Celtic Sea Salt® salts are unrefined. Only the most prevalent minerals Sodium, Chloride, and Magnesium are listed, but trace amounts of at least 60 elements are also occurring. For more information, please visit our FAQ www.selinanaturally.com/faqs. Salt Well to Live Well!