



Price Updates

December 24, 2017

Country Life Natural Foods

641 52nd St.

Pullman, MI 49450

www.clnf.org

1-800-456-7694

Item No:	Item Description	Old Price	New Price
	NUT & SEED BUTTER		
021600	CASHEW BUTTER, CREAMY NS 16oz	\$8.95	\$9.85
020045	PEANUT BUTTER, CREAMY NS 16oz	\$3.85	\$3.95
	NUTS		
030204	PECANS, 1/2s, OG 2#	\$28.00	\$26.00
030338	PISTACHIOS, DRY RS NAT 3#	\$27.00	\$24.00
030140	PISTACHIOS, DRY RS NAT 25#	\$200.00	\$180.00
030138	PISTACHIOS, DRY RS NAT 10 OZ	\$8.00	\$6.00
	DRIED FRUIT		
040113	APRICOTS, TURKISH, OG 1#	\$7.00	\$5.00
045513	APRICOTS, TURKISH, OG 5#	\$30.00	\$20.00
040013	APRICOTS, TURKISH, OG 28#	\$126.00	\$91.00
040280	BANANA CHIPS, OG SWEETENED 2#	\$6.50	\$5.90
041470	BANANA CHIPS, OG SWEETENED 14#	\$36.40	\$33.60
130012	BANANA CHIPS, SWEETENED 2#	\$5.20	\$5.40
040035	BANANA CHIPS, SWEETENED 14#	\$25.20	\$26.60
040543	FIGS, TURKISH, OG 5#	\$23.75	\$25.00
040143	FIGS, TURKISH, OG 28#	\$112.50	\$126.00
	BEANS		
060027	GARBANZO, CHICK PEAS, OG 25#	\$37.50	\$38.75
060045	LENTILS, GREEN 25#	\$27.50	\$30.00
060549	LENTILS, RED, OG 5#	\$11.50	\$11.00
062549	LENTILS, RED, OG 25#	\$50.00	\$47.50
061155	MUNG BEANS, OG 5#	\$12.50	\$9.50
060055	MUNG BEANS, OG 25#	\$51.25	\$42.50
061197	SOY BEANS, OG 5#	\$10.00	\$9.00
060095	SOY BEANS, OG 25#	\$41.25	\$37.50
	MEAT SUBSTITUTES		
180330	TVP, BEEF BITS 3#	\$9.00	\$11.25

182530	TVP, BEEF BITS	25#	\$56.25	\$75.00
	OTHER SWEETENERS			
210155	XYLITOL	1#	\$5.75	\$6.00
210355	XYLITOL	3#	\$15.50	\$16.95
	DAIRY SUBSTITUTES			
231465	VIOLIFE CHEDDAR BLOCK	14.1oz	New Item!	\$6.85
230760	VIOLIFE CHEDDAR SLICES	7.05oz	New Item!	\$4.85
230755	VIOLIFE HERBS BLOCK	7.05oz	New Item!	\$3.85
230750	VIOLIFE HERBS SLICES	7.05oz	New Item!	\$4.85
231440	VIOLIFE HOT PEPPER BLOCK	14.1oz	New Item!	\$6.85
230740	VIOLIFE HOT PEPPER SLICE	7.05oz	New Item!	\$4.85
231480	VIOLIFE MOZZARELLA BLOCK	14.1oz	New Item!	\$5.65
230580	VIOLIFE PARMESAN WEDGE	5.29oz	New Item!	\$5.50
231415	VIOLIFE PROVOLONE BLOCK	14.1oz	New Item!	\$6.85
230715	VIOLIFE PROVOLONE BLOCK	7.05oz	New Item!	\$3.85
230710	VIOLIFE PROVOLONE SLICES	7.05oz	New Item!	\$4.85
231420	VIOLIFE SMOKED BLOCK	14.1oz	New Item!	\$6.85
230720	VIOLIFE SMOKED SLICES	7.05oz	New Item!	\$4.85
	<i>*All Violife products are refrigerated</i>			
	OIL			
240052	CORN OIL	1gal	\$8.75	\$8.50
	ODDS & ENDS			
230026	CHARCOAL CAPSULES	125ct	\$11.00	\$11.50
230029	CHARCOAL POWDER ACTIVATED	10oz	\$11.75	\$12.25
300622	CHARCOAL POWDER ACTVTD USP	6oz	\$18.00	\$19.25
231016	CHARCOAL TABLETS	130ct	\$10.00	\$11.25
230030	CHARCOAL TABLETS	360 CT	\$20.50	\$22.00
230543	DIATOMACEOUS EARTH-PRESERVE	5#	\$11.25	\$12.50