



Price Updates

October 11, 2020

Country Life Natural Foods

641 52nd St.

Pullman, MI 49450

www.countrylifefoods.com

1-800-456-7694

Item No:	Item Description	Old Price	New Price
	BEANS		
060530	GREAT NORTHERN BEANS, OG 5#	\$11.00	\$12.50
061197	SOY BEANS, OG 5#	\$9.00	\$13.00
	FLAKED GRAIN		
080137	OATS, QUICK ROLLED 25#	\$15.00	\$16.25
080037	OATS, QUICK ROLLED 50#	\$23.50	\$25.00
080139	OATS, REGULAR ROLLED 25#	\$13.75	\$16.25
080040	OATS, REGULAR ROLLED 50#	\$23.50	\$25.00
	PASTA		
101251	BR RICE ELBOW OG 12oz	\$3.00	\$3.50
101252	BR RICE LASAGNA OG 10oz	\$3.15	\$3.75
101253	BR RICE PENNE OG 12oz	\$3.00	\$3.50
101254	BR RICE SPAGHETTI OG 12oz	\$3.95	\$3.50
101255	BR RICE SPIRAL OG 12oz	\$3.95	\$3.50
101256	BR RICE VEG SPIRALS 12oz	\$3.00	\$3.50
	MEAT SUBSTITUTES		
180185	TVP FLAKES W/CARAMEL COLOR 1#	\$2.95	Discontinued
180155	TVP MINCED CHICKEN LIKE 1#	\$3.25	Discontinued
180120	TVP MINCED NO COLOR/FLAVOR 1#	\$2.95	Discontinued
	DAIRY SUBSTITUTES		
330112	PARMA ZAAN SEASONING 16oz	\$10.25	\$10.50
	HERBS & SPICES		
331258	BEEF-LIKE SEASONING 13.1 oz.	\$6.50	\$6.95
331225	CILANTRO FLAKES 1#	\$13.90	\$16.00
331025	CILANTRO FLAKES 3oz	\$3.20	\$4.25
331267	GOLDEN BROTH SEASONING 11oz	\$5.95	\$6.50
331290	PEPPER-LIKE SEASONING 4.2 oz.	\$4.95	\$5.50