



## Price Updates

September 20, 2020

### Country Life Natural Foods

641 52nd St.

Pullman, MI 49450

[www.clnf.org](http://www.clnf.org)

1-800-456-7694

Item No:	Item Description	Old Price	New Price
	<b>NUTS</b>		
030576	WALNUTS, BLACK FANCY, LG PC 5#	\$47.50	\$55.00
	<b>DRIED FRUIT</b>		
045213	PINEAPPLE DICES 5#	\$16.25	\$19.25
041605	PINEAPPLE DICES LOW SUGAR 16oz	\$4.25	\$4.50
040591	PINEAPPLE RINGS 5#	\$16.25	\$19.25
041691	PINEAPPLE RINGS LOW SUGAR 16oz	\$4.25	\$4.50
045212	PINEAPPLE WEDGES 5#	\$16.25	\$19.25
	<b>BEANS</b>		
061167	NAVY BEANS, OG 5#	\$13.00	\$13.50
060060	NAVY BEANS, OG 25#	\$55.00	\$57.50
	<b>GRAINS</b>		
070250	RICE, RED AROMATIC LDBG 2#	\$5.40	\$6.50
072550	RICE, RED AROMATIC LDBG 25#	\$57.00	\$68.75
070061	RICE, SWEET, LUNDBERG 25#	\$32.50	\$35.00
	<b>PASTA</b>		
101288	BROWN RICE ROTINI, OG 12/10 oz	\$44.40	\$45.60
	<b>NUT MIXES</b>		
160500	RAISIN NUT CRUNCH 5#	\$19.50	Discontinued
162520	RAISIN NUT CRUNCH 25#	\$85.00	Discontinued
160195	RAISIN NUT CRUNCH 9oz	\$2.85	Discontinued
	<b>MEAT SUBSTITUTES</b>		
180613	SOY CURLS, CCF GMO FREE 3#	\$16.80	\$17.40
180612	SOY CURLS, CCF, NON GMO 12#	\$57.60	\$59.40
180180	TVP FLAKES NO COLOR/FLAVOR 1#	\$2.95	Discontinued
182580	TVP FLAKES NO COLOR/FLAVOR 25#	\$48.75	Discontinued
182585	TVP FLAKES W/CARAMEL COLOR 25#	\$48.75	Discontinued

182540	TVP MINCED CARAMEL COLOR 25#	\$45.00	Discontinued
180140	TVP MINCED CARAMEL COLOR 1#	\$2.95	Discontinued
	<b>OIL</b>		
240048	CANOLA OIL 4.5gal	\$28.00	\$30.00
	<b>CAROB &amp; CANDY</b>		
273017	CAROB COATED PEANUTS 30#	\$75.00	\$81.00
270155	SESAME HONEY CRUNCH 1#	\$4.50	\$4.75
	<b>HERBS &amp; SPICES</b>		
331075	BUTLER CHIK STYLE SEASONING 10.75oz	\$6.00	\$6.50
331614	CINNAMON, GROUND 16oz	\$5.50	\$5.90
331429	CORIANDER, GROUND 14oz	\$4.10	\$4.50
331270	OREGANO, GROUND 12oz	\$4.20	\$5.90
330669	OREGANO, WHOLE 5.5oz	\$2.50	\$3.50
	<b>SUPPLEMENTS</b>		
484692	GOLDENSEAL ROOT 500mg 100VCAPS	\$19.10	\$21.75
484754	RHODIOLA 500mg EXT 3% 60 VCAPS	\$12.75	\$21.60
	<b>BOOKS</b>		
250737	THY WORD THE BEATITUDES KJV/CD	\$11.75	Discontinued
250748	THY WORD, ISAIAH 53, KJV/CD	\$11.75	Discontinued
250732	THY WORD, LORD'S PRAYER KJV/CD	\$11.75	Discontinued
250759	THY WORD, PSALM 139, NKJV/CD	\$11.75	Discontinued