

# 16" Whole Wheat Self-Rising Cheese Pizza

## 16WRSRM1



## Nutrition Facts

Servings per Pie 8  
Serving Size 6.90 oz

Amount Per Serving

**Calories 469**

	% Daily Value*
<b>Total Fat 21 g</b>	<b>33%</b>
Saturated Fat 13 g	63%
Trans Fat 0 g	0
<b>Cholesterol 41 mg</b>	<b>14%</b>
<b>Sodium 713 mg</b>	<b>30%</b>
<b>Potassium 155 mg</b>	<b>3%</b>
<b>Total carbohydrate 49 g</b>	<b>16%</b>
Dietary Fiber 5 g	21%
Sugars 5 g	0
Includes 0g Added Sugars	0
<b>Protein 22 g</b>	<b>0</b>
Vitamin D 0 mcg	0%
Calcium 318 mg	32%
Iron 4 mg	23%
Potassium 155 mg	3%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### Shipping Info:

Net Weight: 27.60 lbs.  
Gross Weight: 29.60 lbs.  
Pieces/case: 8 whole pizzas  
UPC: 8554113207  
Dimensions: 16 x 16 x 9  
Cube: 1.33  
Ti/Hi: 6/7  
Shelf Life: 180 days frozen  
Country of Origin: 100% U.S.

**Pack Size:** 8/55.20oz. pizzas per case; 64 portions

### Child Nutrition Information:

092247 - Cut this 55.20oz. 16" Round Whole Wheat Self-Rising Cheese Pizza into 8 equal servings of 6.90oz. Each 6.90oz serving provides 2.00oz. equivalent meat alternate, 3.75oz. equivalent grains, and 1/8 cup red/orange vegetable for the Child Nutrition Meal Pattern Requirements.

### Ingredients:

CRUST: Water, Whole Wheat Flour, Enriched Wheat Flour (Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid, Enzyme), Palm Oil, Soybean Oil, Sugar, Corn Syrup, Yeast, Salt, Sodium Aluminum Phosphate, Sodium Bicarbonate, Dough Conditioners (Datem, Dextrose, Ascorbic Acid, Enzymes, L-Cysteine Hydrochloride), Cornmeal. CHEESE: Low Moisture-Part Skim Mozzarella Cheese (Cultured Pasteurized Part Skim Milk, Salt, Enzymes). SAUCE: Tomatoes (Water, Tomato Paste), Salt, Modified Food Starch, Spices, Sugar, Dehydrated Garlic, Dehydrated Onion.

May Contain Soy.

Allergens: Wheat and Milk.

Nardone Bros. is a peanut and tree nut-free facility.

### Cooking Instructions:

1. Preheat oven before baking.
2. Remove fully frozen pizza from all packaging and cardboard. Place directly on middle oven rack (about 8 inches from bottom of oven).

For a softer crust, preheat and bake at 400° F for 23-30 minutes. Pizza should be placed on cookie sheet during baking.

For a crispier crust, preheat and bake at 425° F for 19-26 minutes. Pizza should be placed directly on rack during baking.



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All product information is believed to be truthful and accurate.

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*Sarah Walsh*