

# Sea kayak Float plan

DATES: Start \_\_\_\_\_  
 End \_\_\_\_\_  
 LOCATION: \_\_\_\_\_

<b>Group Leader: 1.</b>	
Boat	
Tent	
Notes:	
<b>Group Leader: 2.</b>	
Boat	
Tent	
Notes:	

**Group Members:** (personal information, Include tent color, boat make, length and color)

**1**

Name	
Boat	
Tent	
Notes:	

**2**

Name	
Boat	
Tent	
Notes:	

**3**

Name	
Boat	
Tent	
Notes:	

**4**

Name	
Boat	
Tent	
Notes:	

**5**

Name	
Boat	
Tent	
Notes:	

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**Group Objectives:**

**Proposed route:**

**Plan 1**

_____
_____.
_____.
_____.
_____.
_____.

**Plan 2**

_____
_____.
_____.
_____.
_____.
_____.

**Departure/put-in**

<b>Location</b>	<b>Date</b>	<b>Time</b>
_____	_____	_____

**Notes:** (parking fees, shopping, etc...)

**Arrive/Take out**

<b>Location</b>	<b>Date</b>	<b>Time</b>
_____	_____	_____

**Notes:**(parking location, keys, etc.)

**Notification/search plan**

<b>Date and time to initiate search.</b>	
<b>Name/contact #'s for person who will initiate Search/rescue</b> (did you leave a plan with this person?)	

**Group Communications/safety gear.**

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<b>Cell/sat Phone #</b>	
<b>VHF (monitor time and channel)</b>	
<b>Personal Locator Beacons</b>	

**Safety gear**

<b>Flares</b>	
<b>Strobe/ laser</b>	
<b>Light sticks</b>	
<b>First aid kit</b>	

# Group equipment checklist

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<b>Camp / Kitchen</b>			
<b>Kitchen</b>		<b>Camp</b>	
Stove		Water purification	
Pot set (gripper)		Tarp with cord	
Fuel Bottles		Toilet kit trowel,soap etc.	
Fuel 100ml pp/pd		Wash kit and strainer	
Wind screen		Food hanging rope etc.	
Spice kit		Identification books	
Lighters x2		Games and toys ,kite...	
Water bladder			
Coffee pot			
Utensils			

**Notes:**

<b>Boat/ equipment repair and First aid kit</b>			
<b>Equipment Repair</b>		<b>First aid kit</b>	
F.G epoxy		Personal protection kit (gloves/mask)	
Duct tape		Burn kit (gel/cream)	
Hot glue sticks		Blister management(spenco™ kit & moleskin)	
Wire		Tapes & wraps (coban™/athletic/micropour™)	
Nuts / bolts		Big bleeding (xl pressure dressing/ gauze pads )	
Cable		Small cuts (gauze pads/ band aids)	
Cord /webbing		Cleaning kit (scrubber/q tips/ wipes / iodine)	
Glue /seam grip etc..		Wound closure kit (steri strips/ suture kit/	
Tools		Hot packs	
Mini butane torch		Instruments (tweezers/scissors/syringe. Etc)	
Below water line putty		Meds bag (prescription and other)	
Stove repair kit		Long term wound management supplies	
		Band aids	
		BP cuff / Stethoscope /thermometer	
		Space blanket (reusable/disposable)	

# Personal checklist

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<b>Personal gear</b>			
<b>On h20</b>		Dry bags (garbage bags and stuff sack combo)	
Boat		Whistle	
Paddle /spare		Sling	
PFD		Sponge	
Throw bag		Paddle float	
Towing system		Bilge pump	
Drinking h2o		Sun hat / sun glasses	
Snacks		Sun screen	
Skirt		Float plan / trip log	
Knife		Chart /map (chart bag)	
compass		Appropriate clothing (rain wind sun etc.)	
<b>Notes:</b>			

<b>On water and camp clothing / supplies</b>			
<b>On h20</b>		<b>Camp</b>	
<i><b>Wet gear</b></i>		Tent/ poles/pegs/cord	
Dry suit		Tarp (cord)	
Paddle jacket		<i><b>Kitchen gear</b></i> (see list)	
Paddle pants		<i><b>Food bag</b></i> ( see menu)	
Booties		Camp shoes /socks	
Rubber boots		Insulation jacket	
Neoprene gloves /mitts?		Insulation pant	
Thermal hat x 2		Sleeping bag	
Base layer x2		Camp chair	
Insulation layer x2		Sleeping pad	
Strap for hat/sunglasses		Toiletries kit	
Light /		Rain gear: top/bottom	
Camera		Candles	
Binoculars		Head lamp (spare batteries)	
Big mesh bag / to carry gear to and from camp		Fanny pack or very small back pack for a hike or walk	

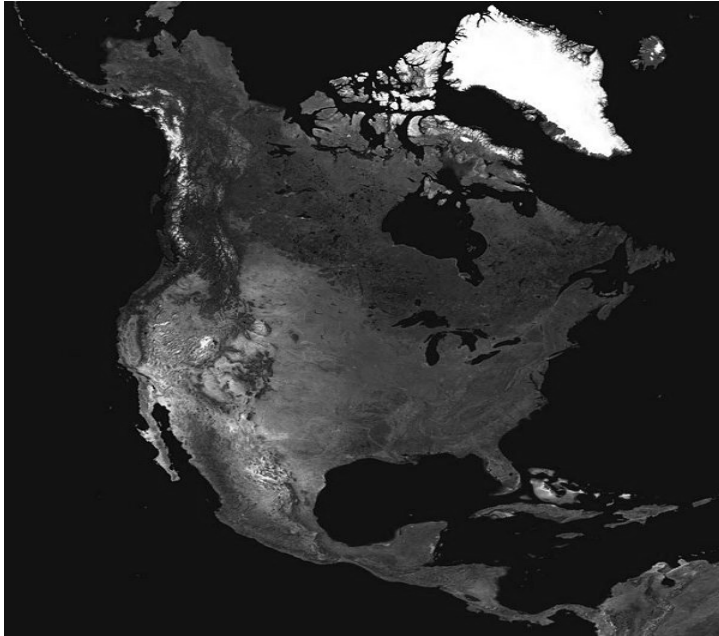
# Weather Big picture

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## Synopsis

## Synopsis for North America

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Low pressure systems *L*

High pressure systems *H*

Warm Front 

Cold Front 

Stationary front 

Trough 

Squall Line 

Jet Stream 

## Pre trip Long range forecast

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Source \_\_\_\_\_ Start Date \_\_\_\_\_ End Date \_\_\_\_\_ Location: \_\_\_\_\_

Day							
Wind	Dir & Force						
Wave	ht						
Precipitation	volume ml						
Temperature	c°						

## Tides and currents

### Rule of thirds

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12:00 pm	0%	SLACK Turning to flood	0 Knots
1:00 pm	50%	+ SPEED	5 Knots
2:00 pm	90%	++SPEED	9 Knots
3:00 pm	100%	+++SPEED	10 knots
4:00 pm	90%	++SPEED DECRESSING	9 Knots
5:00 pm	50%	+SPEED DECRESSING	5 Knots
6:00 pm	0%	SLACK Turning to EBB	0 Knots

### Important daily times where and when water level will be critical relative to route

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Day	Time	High	Low	Slack

**Objective Hazards or benefits** Based on charts, tables and weather info. e.g....surf waves, currents over falls. List locations and or descriptions of area.

<h2>Daily log</h2>		Date _____
		Day # on trip _____
		Location _____
<b>Group Objectives:</b>		
<b>Objective Hazards</b> (Environmental Hazards)		<b>Subjective Hazards</b> (Human Hazards) <b>Group or Individual</b>
(Rank in order of severity 1 = little 5 =sever)		

	(Rank in order of severity 1 = little 5= sever)
<b>Response</b>	<b>Response</b>

	Description points or interest	Distance	UTM or Lat & Long	Bearing
<b>Start point</b>				
Way Point 1				
Way Point 2				
Way Point 3				
Way Point 4				
Way Point 5				
Way Point 6				
Way Point 7				
<b>End Point</b>				
	<b>Total Distance</b>			

<b>Description of daily route</b>
<b>Escape route or plan B</b>

**Marine Forecast (AM)**

**Date**

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Source \_\_\_\_\_ Time \_\_\_\_\_ Location: \_\_\_\_\_

Visibility \_\_\_\_\_ Wind Force \_\_\_\_\_ Direction \_\_\_\_\_ Air Temp \_\_\_\_\_

Pressure \_\_\_\_\_ Trend \_\_\_\_\_

Wave Ht \_\_\_\_\_ Water Temp \_\_\_\_\_



Weather Warnings: \_\_\_\_\_ Weather Bulletin: \_\_\_\_\_ Weather Watch: \_\_\_\_\_

**Personal observations:** (cloud/wind/Pressure/Visibility/precipitation)

## Marine Forecast (PM)

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Source \_\_\_\_\_ Time \_\_\_\_\_ Location: \_\_\_\_\_

Visibility \_\_\_\_\_ Wind Force \_\_\_\_\_ Direction \_\_\_\_\_ Air Temp \_\_\_\_\_

Pressure \_\_\_\_\_ Trend \_\_\_\_\_

Wave Ht \_\_\_\_\_ Water Temp \_\_\_\_\_

Weather Warnings \_\_\_\_\_ Weather Bulletin \_\_\_\_\_ Weather Watch: \_\_\_\_\_

**Personal observations:** (cloud/wind/Pressure/Visibility/precipitation)

## Menu

Day

Meal B L D

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# people	Meal
	Recipe with measurements

<b>Dietary requirements</b>	
	<b>Preparation method</b>

<b>Shopping List</b>	
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<b>Special considerations / fuel consumption / supplies etc./ . time ?/ Weather?</b>
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## Information and Contact sheet

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	Phone /radio ch	Address	Contact Name
Local out fitters			
Local Marina with shuttle possibilities			

Basic health care unit			
Advanced health care			
Vehicle repair and towing			
Vehicle shuttle service			
Accommodations			
Coast guard			
Car rental service			
Air shuttle (float plane )			
Helicopter service (evacuation)			

## Group member contact and medical info

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<b>Name</b>	
<b>Contact</b>	
<b>Health card</b>	
<b>Medical History</b>	

<b>Name</b>	
<b>Contact</b>	

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<b>Medical History</b>	

## Notes

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A large rectangular area containing 25 horizontal lines, intended for writing or drawing.