

# 7" Whole Wheat Self-Rising Cheese Pizza 7WRM2



## Nutrition Facts

Servings per Portion 1

Serving Size 9.95 oz

Amount Per Serving

**Calories 610**

	% Daily Value*
<b>Total Fat 18 g</b>	<b>28%</b>
Saturated Fat 11 g	53%
Trans Fat 0 g	0
<b>Cholesterol 41 mg</b>	<b>14%</b>
<b>Sodium 801 mg</b>	<b>33%</b>
<b>Potassium 78 mg</b>	<b>2%</b>
<b>Total carbohydrate 83 g</b>	<b>28%</b>
Dietary Fiber 9 g	36%
Sugars 7 g	0
Includes 0g Added Sugars	0
<b>Protein 29 g</b>	<b>0</b>
Vitamin D 0 mcg	0%
Calcium 329 mg	33%
Iron 7 mg	39%
Potassium 78 mg	2%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### Shipping Info:

Net Weight: 29.85 lbs.  
 Gross Weight: 31.85 lbs.  
 Pieces/case: 48  
 UPC: 8554113370  
 GTIN: 00085541133707  
 Dimensions: 21 ½ x 16 ½ x 9 ¾  
 Cube: 2.00  
 Ti/Hi: 6/7  
 Shelf Life: 180 days frozen  
 Country of Origin: 100% U.S.

**Pack Size:** 48/9.95oz. portions per case

### Child Nutrition Information:

095694 - One 9.95oz. 7" Whole Wheat Self-Rising Cheese Pizza Provides 2.00oz. Equivalent Meat Alternate, 6.25oz. Equivalent Grains, and 1/4 Cup Red/Orange Vegetable for the Child Nutrition Meal Pattern Requirements.

### Ingredients:

CRUST: Water, Whole Wheat Flour, Enriched Wheat Flour (Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid, Enzyme), Yeast, Canola Oil, Dextrose, Sugar, Salt, Cornmeal, Sodium Bicarbonate, Sodium Aluminum Phosphate, L-cysteine. CHEESE: Low Moisture-Part Skim Mozzarella Cheese (Pasteurized Part Skim Milk, Cultures, Salt, Enzymes). SAUCE: Tomatoes (Water, Tomato Paste), Contains 1% or Less of: Onion, Salt, Spices, Garlic Powder, Soybean Oil, Xanthan Gum.

Allergens: Wheat and Milk.

Nardone Bros. is a peanut and tree nut-free facility.

### Cooking Instructions:

#### Conventional Oven:

1. Preheat oven before baking.
2. Remove pizza from all packaging and wrapping.

For a softer crust: Preheat oven to 400° F. Place pizza on a cookie sheet on center rack. Cook for 10-12 minutes or until cheese is golden brown.

For a crispier crust: Preheat oven to 425° F. Place pizza directly on center rack. Cook for 8-11 minutes or until cheese is golden brown.

#### Conveyor, Deck or Convection Oven:

1. Remove pizza from all packaging and wrapping.
2. Place pizza on pan or screen.
3. Bake until cheese is bubbling with light brown spots. Remove pizza and let cool.

Conveyor Oven: 475° F for 7-9 minutes.

Deck Oven: 500° F for 7-10 minutes.

Convection Oven: 375° F for 6-10 minutes.



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All product information is believed to be truthful and accurate.

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*Sarah Walsh*